

## CHOATE ROSEMARY HALL

# COURSE REGISTRATION INSTRUCTIONS

## SIXTH FORM (SENIOR/12<sup>TH</sup> GRADE)/POST-GRADUATE (PG)

### COMPLETING YOUR COURSE AND ATHLETICS REQUEST FORM

Before beginning the Course and Athletics Request Form please have the 2022-2023 *Course Catalogue* available.

It is highly recommended that you complete this Form in one sitting. Once you submit the Form, you will no longer be able to make changes online. If you wish to make any changes after you submit the Form, please email those changes to the Registrar's Office at registrar@choate.edu.

### ATHLETICS AND AFTERNOON ACTIVITIES

All sixth formers must participate in an athletic or afternoon activity each term. You are urged to consider signing up for an interscholastic sport (in **BOLD** below) at some point during your year at Choate. Philosophically, Choate is committed to the notion that every student should have the experience of representing the School in interscholastic competition by "wearing the Blue and Gold." Moreover, such participation helps your academic and social transition to the community.

Referring to the list below, please select the activities you would like to participate in each term and indicate your choices on the Course and Athletics Request Form. If you would like to know more about the various teams, intramural, or interscholastic offerings, you are encouraged to call the Athletic Office at (203) 697-2418.

### ATHLETIC AND AFTERNOON ACTIVITY OFFERINGS 2022-2023

FALL	WINTER	SPRING
Community Service*	<b>Archery</b>	<b>Baseball</b>
Crew - Intramural	<b>Basketball</b>	Community Service*
<b>Cross Country</b>	Basketball – Intramural	<b>Crew</b>
Cross Country – Intramural	Community Service*	Dance
Dance	Dance	Farming & Gardening
Dance Intensive	Dance Intensive	Fitness & Conditioning*
Farming & Gardening	<b>Diving</b>	Frisbee Golf
<b>Field Hockey</b>	Fitness & Conditioning*	<b>Golf</b>
Fitness & Conditioning*	Fitness Rowing	Hiking
<b>Football</b>	<b>Hockey</b>	<b>Lacrosse</b>
Frisbee Golf	Hockey – Intramural	Off-Campus Project*
Hiking	Off-Campus Project*	Peak Performance*
Jiu-Jitsu	Peak Performance*	<b>Sailing</b>
Kayaking	Sixth Course Exemption*	Sixth Course Exemption*
Line Crew/Football	<b>Squash</b>	<b>Softball</b>
Off-Campus Project*	Strength Training (Girls)	Spring Running
Peak Performance*	<b>Swimming</b>	Squash – Intramural
Pickleball	Theater Production – Fringe Festival*	Strength Training (Girls)
Ping Pong	Theater Production – Main Stage*	Swimming – Intramural
Self Defense (Girls)	Tech Theater – Costumes & Props	<b>Tennis</b>
Senior Soccer	Tech Theater – Lights & Sound	Theater Production – Main Stage*
Sixth Course Exemption*	Weight Training	Tech Theater – Costumes & Props
<b>Soccer</b>	Winter Running	Tech Theater – Lights & Sound
Squash - Intramural	<b>Wrestling</b>	<b>Track &amp; Field</b>
Strength Training (Girls)	Yoga (6:30 a.m.)	Track & Field – Intramural
Swimming – Intramural		<b>Ultimate Frisbee</b>
Tennis – Intramural		<b>Volleyball (Boys)</b>
Theater Production – Gelb*		<b>Water Polo (Girls)</b>
Theater Production – Main Stage*		Yoga (6:30 a.m.)
Tech Theater – Costumes & Props		
Tech Theater – Lights & Sound		
<b>Volleyball (Girls)</b>		
<b>Water Polo (Boys)</b>		
Yoga (6:30 a.m.)		

**Notes(\*):**

- *Community Service* – open to all students one term per academic year.
- *Fitness & Conditioning* – open to fourth, fifth, and sixth formers one term per academic year.
- *Off-Campus Project* – open to fourth, fifth, and sixth formers, and third formers in the winter and spring, with the permission of the department one term per academic year.
- *Peak Performance* – open to fifth and sixth formers with the permission of the department one term per academic year.
- *Sixth Course Exemption* – open to fifth and sixth formers with the permission of the department one term per academic year.
- *Theater Productions* – open to all students by audition only. Auditions are held for the fall production during the first week of classes; auditions for the winter and spring productions occur during the preceding term.

**ENSEMBLES**

Dance and Music Ensembles meet in the evening after the academic day and are not considered part of the core five-course academic curriculum. Year-long participation is required for all ensembles. Participation in either Chamber Chorus or Symphony Orchestra earns one academic credit per term and the grades are included in a student's GPA. All other ensembles earn one academic credit per year, with the grades not included in a student's GPA.

If you are interested in participating in one or more of our ensembles, please complete the "Ensembles" section on the Form by selecting all that you are interested in joining. Auditions are required for vocal and instrumental music ensembles, except for Festival Chorus. These auditions occur during the first week of classes; information about sign-ups will be available when you arrive on campus.

**Note:** Participation in a year-long ensemble will fulfill the sixth form arts requirement.

**COURSE LOAD**

Choate utilizes a trimester system, which allows students the opportunity to gain a strong academic foundation in year-long courses in English, mathematics and computer science, language, history, and science, while adding variety and breadth to their program with term electives. All students are required to take five academic courses each term, but we recognize that there are some students who are capable of carrying six courses. You may request a sixth course only in the winter term. If you plan to request two courses within one discipline, particularly two languages, you should discuss this with the Registrar's Office during the spring or early summer.

**Note:** Your form dean will give final approval for any sixth course after the school year has begun and we know you better as a student.

**SCHEDULING ADVICE FROM THE COLLEGE COUNSELING OFFICE**

As college counselors begin to discuss curriculum choices with students, our goal is to assure that each student:

- 1) selects courses that are appropriately challenging;
- 2) creates a balanced overall program; and
- 3) considers both depth and breadth in curricular choices.

Choate's diploma requirements ensure that students will have courses in all major subject areas, including the arts and philosophy or religion. In addition, we suggest that, whenever reasonable and possible, students enroll in:

- four years of English (required);
- four years of mathematics (we recommend calculus when appropriate);
- three to four years of a single foreign language during high school (not simply reaching level three or four);
- three to four years of science (full-year courses in physics, chemistry, and biology before electives are chosen); and
- three to four years of history and/or social science. (Additional electives might round out a student's social sciences course load.)

Academically strong students (those who have been recommended for honors courses) should consider opting for the highest level available because strength of program is an important factor in college admission. At the same time, a balanced course load that enables the student to perform at a high level across all disciplines is also important.

In sum, a student's academic program should be built by considering:

- 1) previous academic performance;
- 2) teacher recommendations;
- 3) specific areas of strength and interests; and
- 4) potential college aspirations.

For more information, please consult the *College Counseling Handbook* available on the Student and Parent Portals.

### **COURSE #1. ENGLISH (FULL YEAR)**

All students are required to take a full year of English. Sixth formers may choose to take either one year-long English elective or three single-term English electives. Course descriptions of year-long English electives begin on page 35, and single-term English electives begin on page 32 in the *2022-2023 Course Catalogue*.

**Note:** If taking single-term English electives, one term **must be** EN400 either in the fall or winter terms.

On the Form, please enter the course name and number for the fall, winter, and spring terms. Next, enter a second choice for each term. We will do our best to accommodate all first-choice requests.

**Note:** Please enter different courses for your second choice (do not simply reorder your first-choice requests).

### **COURSE #2. ARTS**

All sixth form students must take at least one term of art. We recommend your arts course to be either in winter or spring term, unless you choose to participate in an ensemble all year. Art courses are offered in four areas: Dance, Music, Theater, or Visual Arts with descriptions beginning on page 21 in the *2022-2023 Course Catalogue*.

On the Form, enter the arts course name and number next to the corresponding term the course meets. Next, enter a second-choice arts course name and number in the corresponding box and check the appropriate term.

### **COURSE #2. ELECTIVES**

After entering your arts course on the Form, it is time to select courses for the other two terms. You may choose to take term electives from a wide variety of areas. Enter your two (2) elective choices (course name and number) next to the corresponding term the course meets.

For assistance in finding term courses that interest you, refer to your *2022-2023 Course Catalogue* for course names and descriptions. If you are interested in:

- English electives, see pages 32-34
- history electives, see pages 40-44
- philosophy/religion electives, see pages 44-45
- social science electives, see pages 45-49
- mathematics electives, see pages 65-67
- computer science electives, see pages 68-69
- multidisciplinary electives, see pages 70-71
- physics electives, see page 73
- chemistry electives, see page 74
- biology electives, see pages 74-75
- environmental science electives, see pages 75-76
- applied science electives, see pages 76-77

### **COURSE #3, #4, #5. ELECTIVES**

At this point you may choose from a variety of single-term, multi-term, or year-long courses to complete your program. For assistance in finding courses that most appeal to you, refer to the *2022-2023 Course Catalogue* for course names, descriptions, and numbers.

If you would like to continue with a language you've been studying, enter the language course name and number of the level you **anticipate** taking. Students planning to continue in a language, must complete the appropriate placement test available through the Student Portal by **May 31**. Language course descriptions begin on page 50 in the *2022-2023 Course Catalogue*.

On the Form, enter the course name and number for Course 3, Course 4, and Course 5, next to the corresponding term the course meets (fall, winter, or spring). You should have 5 courses for each of the 3 terms filled in on the Form.

**Note:** Single term electives cannot be repeated multiple terms.

Before you submit, please review the Form for completeness. **Once you submit the Form, you will no longer be able to make any changes online.** If you wish to make any changes after you submit the Form, please email those changes to the Registrar's Office.

If you have any questions about completing the Form, please contact the Registrar's Office by email: registrar@choate.edu or phone (203) 697-2250.