## CHOATE ROSEMARY HALL

## COURSE REGISTRATION INSTRUCTIONS

## FIFTH FORM (JUNIOR/11 ${ }^{\text {TH }}$ GRADE)

## COMPLETING YOUR COURSE AND ATHLETICS REQUEST FORM

Before beginning the Course and Athletics Request Form please have the following materials available:

- 2022-2023 Course Catalogue
- If requesting Honors U.S. History: recent graded critical essay (scanned and ready for upload)

It is highly recommended that you complete this Form in one sitting. Once you submit the Form, you will no longer be able to make changes online. If you wish to make any changes after you submit the Form, please email those changes to the Registrar's Office at registrar@choate.edu.

Note:If you are entering as a repeat fifth former, you may be eligible for additional course offerings if diploma requirements and prerequisite courses have been met. Please reach out to the Registrar's Office if you have questions pertaining to your previous coursework and eligibility for courses not listed on this Form.

## ATHLETICS AND AFTERNOON ACTIVITIES

All fifth formers must participate in an athletic or afternoon activity each term. You are urged to consider signing up for an interscholastic sport (in BOLD below) at some point during your year at Choate. Philosophically, Choate is committed to the notion that every student should have the experience of representing the School in interscholastic competition by "wearing the Blue and Gold." Moreover, such participation helps your academic and social transition to the community.

Referring to the list below, please select the activities you would like to participate in each term and indicate your choices on the Course and Athletics Request Form. If you would like to know more about the various teams, intramural, or interscholastic offerings, you are encouraged to call the Athletic Office at (203) 697-2418.

## ATHLETIC AND AFTERNOON ACTIVITY OFFERINGS 2022-2023

| FALL | WINTER | SPRING |
| :---: | :---: | :---: |
| Community Service* <br> Crew - Intramural <br> Cross Country <br> Cross Country - Intramural <br> Dance <br> Dance Intensive <br> Farming \& Gardening <br> Field Hockey <br> Fitness \& Conditioning* <br> Football <br> Frisbee Golf <br> Hiking <br> Jiu-jitsu <br> Kayaking <br> Line Crew/Football <br> Off-Campus Project* <br> Peak Performance* <br> Pickleball <br> Ping Pong <br> Self Defense (Girls) <br> Senior Soccer <br> Sixth Course Exemption* <br> Soccer <br> Squash - Intramural <br> Strength Training (Girls) <br> Swimming - Intramural <br> Tennis - Intramural <br> Theater Production - Gelb* <br> Theater Production - Main Stage* <br> Tech Theater - Costumes \& Props <br> Tech Theater - Lights \& Sound <br> Volleyball (Girls) <br> Water Polo (Boys) <br> Yoga (6:30 a.m.) | Archery <br> Basketball <br> Basketball - Intramural <br> Community Service* <br> Dance <br> Dance Intensive <br> Diving <br> Fitness \& Conditioning* <br> Fitness Rowing <br> Hockey <br> Hockey - Intramural <br> Off-Campus Project* <br> Peak Performance* <br> Sixth Course Exemption* <br> Squash <br> Strength Training (Girls) <br> Swimming <br> Theater Production - Fringe Festival* <br> Theater Production - Main Stage* <br> Tech Theater - Costumes \& Props <br> Tech Theater - Lights \& Sound <br> Weight Training <br> Winter Running <br> Wrestling <br> Yoga (6:30 a.m.) | Baseball <br> Community Service* <br> Crew <br> Dance <br> Farming \& Gardening <br> Fitness \& Conditioning* <br> Frisbee Golf <br> Golf <br> Hiking <br> Lacrosse <br> Off-Campus Project* <br> Peak Performance* <br> Sailing <br> Sixth Course Exemption* <br> Softball <br> Spring Running <br> Squash - Intramural <br> Strength Training (Girls) <br> Swimming - Intramural <br> Tennis <br> Theater Production - Main Stage* <br> Tech Theater - Costumes \& Props <br> Tech Theater - Lights \& Sound <br> Track \& Field <br> Track \& Field - Intramural <br> Ultimate Frisbee <br> Volleyball (Boys) <br> Water Polo (Girls) <br> Yoga (6:30 a.m.) |

## Notes(*):

- Community Service - open to all students one term per academic year.
- Fitness \& Conditioning - open to fourth, fifth, and sixth formers one term per academic year.
- Off-Campus Project - open to fourth, fifth, and sixth formers, and third formers in the winter and spring, with the permission of the department on term per academic year.
- Peak Performance - open to fifth and sixth formers with the permission of the department one term per academic year.
- Sixth Course Exemption - open to fifth and sixth formers with the permission of the department one term per academic year.
- Theater Productions - open to all students by audition only. Auditions are held for the fall production during the first week of classes; auditions for the winter and spring productions occur during the preceding term.


## ENSEMBLES

Dance and Music Ensembles meet in the evening after the academic day and are not considered part of the core five-course academic curriculum. Year-long participation is required for all ensembles. Participation in either Chamber Chorus or Symphony Orchestra earns one academic credit per term and the grades are included in a student's GPA. All other ensembles earn one academic credit per year, with the grades not included in a student's GPA.

If you are interested in participating in one or more of our ensembles, please complete the "Ensembles" section on the Form by selecting all that you are interested in joining. Auditions are required for vocal and instrumental music ensembles, except for Festival Chorus. These auditions occur during the first week of classes; information about sign-ups will be available when you arrive to campus.

## Note: Participation in a year-long ensemble will fulfill the fourth/fifth form arts requirement.

## COURSE LOAD

Choate utilizes a trimester system, which allows students the opportunity to gain a strong academic foundation in year-long courses in English, mathematics and computer science, language, history, and science, while adding variety and breadth to their program with term electives. All students are required to take five academic courses each term, but we recognize that there are some students who are capable of carrying six courses. You may request a sixth course in the winter and/or spring term(s). If you plan to request two courses within one discipline, particularly two languages, you should discuss this with the Registrar's Office during the spring or early summer.

Note: Your form dean will give final approval for any sixth course after the school year has begun and we know you better as a student.

## SCHEDULING ADVICE FROM THE COLLEGE COUNSELING OFFICE

As college counselors begin to discuss curriculum choices with students, our goal is to assure that each student:

1) selects courses that are appropriately challenging;
2) creates a balanced overall program; and
3) considers both depth and breadth in curricular choices.

Choate's diploma requirements ensure that students will have courses in all major subject areas, including the arts and philosophy or religion. In addition, we suggest that, whenever reasonable and possible, students enroll in:

- four years of English (required);
- four years of mathematics (we recommend calculus when appropriate);
- three to four years of a single foreign language during high school (not simply reaching level three or four);
- three to four years of science (full-year courses in physics, chemistry, and biology before electives are chosen); and
- three to four years of history and/or social science. (Additional electives might round out a student's social sciences course load.)

Academically strong students (those who have been recommended for honors courses) should consider opting for the highest level available because strength of program is an important factor in college admission. At the same time, a balanced course load that enables the student to perform at a high level across all disciplines is also important.

For more information, please consult the College Counseling Handbook available on the Student and Parent Portals.

## COURSE \#1. ENGLISH (FULL YEAR)

All students are required to take a full year of English. Fifth formers can elect to enroll in either American Literature and Composition (EN300) or American Studies (EN375/HI375HO). American Studies (EN375/HI375HO) is an interdepartmental course for fifth formers who wish to pursue a detailed study of United States history, literature, and culture. A description of this course can be found on page 31 in the 2022-2023 Course Catalogue.

On the Form, please select either American Literature and Composition (EN300) or American Studies (EN375). American Studies (EN375) must be taken with HI375HO.

## COURSE \#2. LANGUAGE (FULL YEAR)

Choate offers five diploma languages - Arabic, Chinese, French, Latin, and Spanish. Students are required to complete three consecutive years of study (through the 300 or 350 level) in a diploma language and are strongly recommended to continue a language through the fourth year. Entering fifth formers who have no prior language experience are required to take two years (through the 200 or 250 level) of a single diploma language. Students who have taken prior language courses in a non-diploma language have not fulfilled the diploma requirement. Students who have completed their diploma language requirement may also request one-year intensive courses in Greek and Italian. Language course descriptions begin on page 50 in the 2022-2023 Course Catalogue.

On the Form, select your language choice and the level you anticipate taking (level 1 through level 5). If you have no prior experience in your chosen language, select "Level 1" and do not complete the placement test. Students planning to continue in a language must complete the appropriate placement test available on the Student Portal by May 31.

Note: A student must have permission from the department head to take two languages concurrently.

## COURSE \#3. MATHEMATICS (FULL YEAR)

Choate offers a range of mathematics and computer science classes that are designed to meet our students' interests and abilities, whether calculus, statistics, robotics, or discrete math. Choate requires that all students complete Algebra I, Geometry, and Algebra II, and recommends that students continue past the requirement and take mathematics courses through their sixth form (senior) year. A matriculating student's placement in math is determined based on a review of previous coursework, teacher recommendation, and the Mathematics Placement Test. Mathematics course descriptions begin on page 64 in the 2022-2023 Course Catalogue.

On the Form, enter the mathematics course name and number that you anticipate taking. Please complete the appropriate Mathematics Placement Test available on the Student Portal by May 31.

## COURSE \#4. SCIENCE (FULL YEAR)

The Science Department recommends that students take physics, chemistry, and biology, in this order. However, only two years of science are required - one year of physical science (physics or chemistry) with an integrated lab experience and one year of biology with an integrated lab experience. Electives in geoscience, environmental science, astronomy, and applied science, as well as advanced offerings in biology, chemistry, and physics are also available.

As a new fifth former, we recommend you begin at Choate by taking a year of physics. Placement in an advanced course is determined by your math placement test results and prior coursework. If you have already completed a lab-based physics course in high school, you may elect to take biology. (This selection will be reviewed by the science department head.)

On the Form, enter the science course name and number you are interested in taking.
If you have completed a full year of a lab-based physics, chemistry, or biology course while in high school, you may receive credit for it once your official transcript has been reviewed. Science course descriptions begin on page 72 in the 2022-2023 Course Catalogue.

## COURSE \#5. U.S. HISTORY (FULL YEAR)

All students are required to complete one year of United States History, usually completed in the fifth form year. On the Form, indicate which course you are interested in taking - U.S. History (HI310), U.S. History, Honors (HI355HO)**, or American Studies (HI375HO) ${ }^{\star \star}$. HI 375 HO must be taken with EN375. Course descriptions can be found on page 40 in the 2022-2023 Course Catalogue.
**If you would like to be considered for U.S. History Honors (HI355HO) or American Studies (HI375HO), you must upload a graded critical essay from your most recent history course and submit the History Teacher Placement Questionnaire to your current history teacher to be completed by May 31 for evaluation and consideration by the department head. Note: Please do not upload web pages of html documents. These file types are not supported.

If you have already taken a full-year high school U.S. History course that appears on your official transcript, or you would like to postpone taking the course until your sixth form (senior) year, please check the box on the Form and select Fifth Course Electives for fall, winter, and spring terms.

Note:The department head must give permission to defer U.S. History to the sixth form (senior) year.

## IMPORTANT: REVIEW THIS INFORMATION BEFORE SELECTING ELECTIVE COURSES

Before selecting your electives, please take a moment to review some of the requirements you will need to fulfill before earning a Choate diploma. A summary of the diploma requirements can be found on page 89 in the 2022-2023 Course Catalogue.

## Arts Requirement

All students who enter as fifth formers must complete two terms of Arts (one in either the fourth or fifth form year, and one in the sixth form year) from two areas: Dance, Music, Theater, or Visual Arts. If you took an arts course during your sophomore year at your previous school, you may
receive credit for having fulfilled the fourth/fifth form arts requirement once your official transcript has been reviewed. See pages 21-30 in the 2022-2023 Course Catalogue for Arts course descriptions.

Note:Participation in a year-long ensemble will fulfill the fourth/fifth form arts requirement.

## Philosophy/Religion Requirement

All students who enter as fifth formers must fulfill the one-term Philosophy/Religion requirement at some point during their Choate career. If you took a Philosophy or Religion course at your previous school, you may receive credit for having fulfilled this requirement once your official transcript has been reviewed. Course descriptions that fulfill this requirement can be found on page 44 in the 2022-2023 Course Catalogue.

## FIFTH COURSE ELECTIVE CHOICES AND/OR SIXTH COURSE CHOICE(S)

If you have already fulfilled the United States History requirement, you will need to choose term electives for fall, winter, and spring terms. If you will be taking United States History, you have completed your five-course academic schedule and can move on to choosing an optional sixth course for your winter and/or spring term.

Note: Your form dean will give final approval for a sixth course after the school year has begun and we know you better as a student.
Arts Electives: If you have not already fulfilled this requirement, you must select an arts course. On the Form, enter the arts course name and number next to the corresponding term the course meets. Next, enter a second-choice arts course name and number where indicated on the Form and check the appropriate box for the term the course meets. Arts course descriptions begin on page 21 in the 2022-2023 Course Catalogue.

Single-Term or Multi-Term Courses: You may choose to take electives from a wide variety of areas either as your fifth course and/or sixth course in the winter and/or spring term(s). Please enter the course name and number on the Form next to the corresponding term the course meets.

To find the courses that most appeal to you, refer to your 2022-2023 Course Catalogue for course names, descriptions, and numbers. If you are interested in:

- English electives, see pages 32-34
- history electives, see pages 40-44
- philosophy/religion electives, see pages 44-45
- social science electives, see pages 45-49
- mathematics electives, see pages 65-67
- computer science electives, see pages 68-69
- multidisciplinary electives, see pages 70-71
- physics electives, see page 73
- chemistry electives, see page 74
- biology electives, see pages 74-75
- environmental science electives, see pages 75-76
- applied science electives, see pages 76-77

Before you submit, please review the Form for completeness. Once you submit the Form, you will no longer be able to make any changes online. If you wish to make any changes after you submit the Form, please email those changes to the Registrar's Office.

If you have any questions about completing the Form, please contact the Registrar's Office by email: registrar@choate.edu or phone (203) 697-2250.

